

## ABSTRACT

A device for adjusting the height of an arrangement 2 relative to a mounting surface 3 is disclosed. Height-adjusting device 1 is designed so that during height adjustment no friction takes place as a result of rotation of the contact sites of the height-adjusting devices 1 with the mounting surface 3. Height-adjusting device 1 consists of a rotary wheel 8, a socket 9 and a foot 11. The height adjustment of rotary wheel 8 and foot 11 relative to the stationary socket 9 occurs in telescopic manner. Height-adjusting device 1 is designed so that the foot 11 undergoes a displacement twice as large as does rotary wheel 8. A support (30) for an optical system is provided with several height-adjusting devices 1 connected with the bottom 5 of a base 31 of the support 30. On the support 30 there are provided a left and a right hand rest 31a and 31b which are fastened to the base 31 of the support 30 by means of a hinge 32 so that independently of the height adjustment of the support 30, the edges 32a of the left or right hand rest located opposite the hinge always rest on the mounting surface 3.